

### H.O.M.E. Center Happenings

<u>Helping Ourselves Master Everyday</u> **3892 Lancaster Dr. NE Salem, Oregon 97305** 

Founded by Faith ~ Joined in Love ~ Kept by God

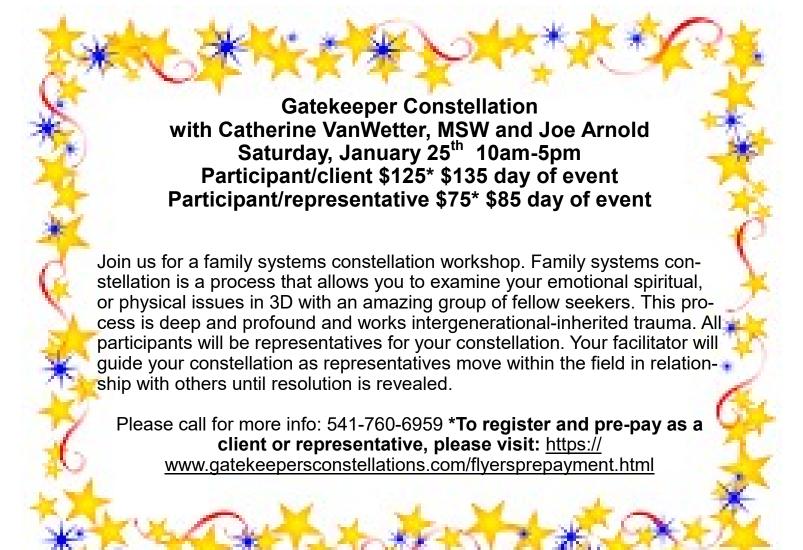
New Thought Church, Personal Growth, Alternative Healing and Spiritual Resource Center
For information about classes or events or call 503.551.0311 or
Visit our website <a href="https://www.homecenterhealing.com">www.homecenterhealing.com</a>

### January 2020

#### Preview of what's happening this month

- Drum Making Workshop
- Constellation Class
- Reiki Study

- Eric Vormann's Healing W/ Shop
- Treasure Mapping



#### Wellness with the Moon with Casey Monday, January 6th - New Moon Monday, January 20th - Full Moon 7 pm - Cost: Donation



Together we will be following the Moon and her cycles, planting seeds of intention for the New Moon, and making space for our manifestations and changes by releasing with the Full Moon!

We will come together every other Monday to prepare for each New or Full Moon at the H.O.M.E. Center to support each other with our changes. No experience necessary! Please come as you are. Bring a friend or two! Supplies provided.



#### "One Spirit" Drum Circle Saturday, January 11th - 1pm - 3pm Suggested love offering: \$10

\*Connect to the inner healing rhythms of your existence. **This is a universal drum circle honoring all cultures and traditions**. **No experience needed and we have extra drums and rattles to share.** Facilitated by 'White Cloud Feather' Rev. Madge Peinkofer

The Community Drum is a Universal drum. It is for gathering people to sing, chant, drum, and share One Heartbeat. The community drum asks us to come to it with a gentle heart. Everyone is welcome to drum on the community drum. It is documented that the experience of drumming is good for your body, mind and soul. It reduces stress and reinforces positive feelings.

## Reiki Circle - Led by Jennifer Brodigan Holy Fire III Karuna Reiki® Master, Medical Reiki Master Tuesday, January 14th, 7pm - 9pm, please arrive before 7:00pm Recurs the 2nd Tues. of each month. Cost: \$10



Our Reiki Circle is open to everyone who is interested in Reiki. It's a time for trained Reiki practitioners to share their skills & a time for those who are not trained to enjoy receiving Reiki & learning more.

We begin our time together in a guided meditation to allow each of us to let go of the busyness of life & settle into the space. Then we divide into small groups & move to massage tables to give & receive Reiki.

## Annual Treasure Mapping—Vision Board for 2020 Saturday, January 18th, 11am Cost: \$15 (includes all supplies and soup and bread lunch)

A vision board is a tool used to help you clarify, concentrate and maintain focus on a specific life goal. On your board you'll display images that represent whatever you want to be, do or have in your life. During this class you'll create your personal vision board using pictures from magazines to help you set your intentions for 2019. When you surround yourself with images of what you want to become, what you want to have, where you want to live, or where you want to go on vacation, your life changes to match those images and desires.

Bring your old magazines, intentions, dreams and visions for 2020! Come and have fun and make your 2020 come alive from potential to reality.

Please let us know if you plan to attend: <a href="https://example.com/homecenter2@com/cast.net">homecenter2@com/cast.net</a> or call or text 503-551-0311 or the signup sheet at H.O.M.E. Center.

Etheric Healing 'Vormanns Method' Workshop, Facilitator, Eric Vormanns January 23rd - Introduction to his Workshop - Cost: Donation January 24th 7-9pm & January 25<sup>th</sup> 10am-5pm - \*Cost: See below Free Public Healing - Saturday, January 25<sup>th</sup> 4-5pm

This simple and profound healing technique is supremely beneficial during this time of accelerated transformation.

We extend an invitation to attend this workshop and ask that you invite your friends, family and anyone in your extended circle who may be interested.

Eric Vormanns was born in a tiny village in Ghana, West Africa. Clairvoyant since birth it was foretold by the elders that this child would possess the gift of healing and bear the responsibility to teach others the nature of healing. With a career in the healing arts which spans over 50 years, we have a rare opportunity this weekend with Mr. Vormanns who will teach his Etheric Healing method which calms the mind and balances the energy meridians of the body.

- Cost: New Students \$250.00. A deposit of \$125 is required asap to reserve your space. \$100 balance due by date of class
- Returning students who have previously taken the Etheric Healing 'Vormanns Method' are welcome to attend to sharpen their skills. Cost is \$125 with \$75 deposit asap and \$50 balance due by date of class.

For more information, to make a reservation and payments please call 503-997-0263.

#### Spiritual Sunday Sunday, January 19<sup>th</sup> - 12:30pm - 2pm Cost: Donation

Join us for a variety of Spiritual services that may include: Tarot readings, Reiki, Chakra Clearing and more. Practicing beginners welcome! This is a wonderful opportunity to practice your skill. Contact Madge Peinkofer for more information call/text 503-551-0311

#### Salem Soul Sister New Moon Women's Circle Thursday, January 24<sup>th</sup> at 6 PM – 8 PM Cost: Donation

Salem sisters, please join us for our 1st new moon circle! Please bring: a journal or notebook, a bottle of water, and an alter item (if you wish). Dress comfortably as we will be sitting in the floor. We will have chairs available. No one will be turned away for lack of funds.

#### **Future dates:**

Sunday, February 23<sup>rd</sup> - Tuesday, March 24<sup>th</sup> - Thursday, April 23<sup>rd</sup>

#### Here are a few ideas for Resolutions for 2020 You can find more on our website Inspirations page

- 1. Drink more water
- 2. Move more, sit less
- 3. Make plans to explore and travel
- 4. Make eco-friendly choices
- 5. Volunteer more often
- 6. Adopt and Attitude of Gratitude
- 7. Call people you love more often
- 8. Live simply consume less
- 9. Be consistent with meal times.
- 10.Perfect one recipe

- 11. Turn on music instead of the TV
- 12. Try something new
- 13. Take breaks more often
- 14. Floss every day
- 15. Ditch one bad habit
- 16. Make time for self-care
- 17. Complete a no-spend month
- 18. Clean out your closet
- 19. Reduce your debt
- 20. Do an act of kindness each week

Reminder: Visit the H.O.M.E Center website at <a href="www.homecenterhealing.com">www.homecenterhealing.com</a> to view our newsletter, class calendar and more You can also listen to past Church services.



# Drum Making Workshop Lead by Madge Peinkofer "White Cloud Feather" February 1st 10am – 4ish Payment must be received by January 19th

Your choice of frames are: 14" \$160 or 16" \$170 round circle frame Choice of hides are: Deer or Elk or Horse

Making a drum is so much more than just making a drum it is about you as a sacred being and everything in the process is teaching you and revealing your inner healing. All supplies included. Bring something for the alter, and your lunch **Registration required.** To register contact my helper Kathryn - call 530.262.2698 or email empthtic@sonic.net

#### Some information to help you select the hide:

**Deer Medicine** teaches gentleness in word, thought, touch, and being. From Deer Medicine we learn the gift of gentleness, caring, unconditional Love. To help us overcome and put aside many testing situations. For only in Love of both ourselves, and others, do we understand the true meaning of wholeness.

**Elk Medicine** the animal spirit of Elk is one of strength, nobility, pride, survival, and stamina. Elk are able to look at the long journey and to "hit their stride" to maintain energy and perseverance. We are reminded by Elk that there is always support if we need it.

**Horse Medicine** The medicine of Horse teaches us that true power is the wisdom found in remembering our total journey. The horse meaning signifies overcoming obstacles, and how you should carry yourself in the face of adversity. The horse spirit animal works hard to remind you to take care of your emotional, mental, and spiritual well-being. The horse symbolism also speaks about freedom.

Healing Through Forgiveness
With Shay Garrison and Selene Zeisler
Tuesday, February 4<sup>h</sup>, 11th and 18th - Time: 6:30 – 8:30pm
Class Fee: \$65 (for all three sessions)

Contact Shay Garrison 503-839-5990 or Selene Zeisler 503-660-5161

As this New Year begins, you are cordially invited to join Shay and Selene as they facilitate an experience that will promote deep healing and an expansion of light through forgiveness techniques given them by AA Michael and the realms of light.

**Shay Garrison** is an energetic healer and gifted clairvoyant. Through Spirit she works with the different frequencies of color, light, love, and sound. Her healing sessions are filled with high frequencies of divine colored light, love, and light language code activations. Her spirit guides give her visions and intuitive messages for whatever is needed in the healing sessions. Selene Zeisler shares her sacred voice of sound, love, and light. Through her sacred song she calls in high frequency light codes from a multi-dimensional space to heal and activate the body. This allows you to remember who you really are and creates an inner sanctum of peace.

#### **Our Church Services**

#### **Every Sunday morning**

10:15am - 10:45am - Healing

11:00am - 12:00pm - Church Service (Sunday school provided)

#### **Every Wednesday evening**

**7:00pm—8pm Wednesday Evening Service and Intuitive Readings**Every Wednesday join us for a Metaphysical Service followed by some Intuitive Readings for those who are present.

Reminder: Visit the H.O.M.E Center website at <a href="www.homecenterhealing.com">www.homecenterhealing.com</a> to view our newsletter, class calendar and more You can also listen to past Sunday services.

#### Your H.O.M.E. Center Board Members for 2019



Rev. Jay Smith Jr. Executive Minister



Dick Walker President of the Board



Jo Ann Rinner Board Member



Kindra Gans Board Member



Julie Harris Board Member

| H.O.M.E  | 1.O.M.E. Center   |                        | January 2020  | y 2020   |   |   |
|--|---|------------------------|---|--|---|---|
| Sun  | Mon   | Tue                    | Wed   | Thu  | Fri   | Sat   |
|  |   |                        | 1 7pm Metaphysical Church Service & Intuitive Readings Rev. Jay Smith                 | 2  | ന   | 4<br>10am-4:00 Drum Making<br>Workshop  |
| 5<br>10:15-10:45 Healing<br>11am Church Service<br>Rev. Jay Smith                                | 6<br>7pm Wellness with the New<br>Moon<br>6:30-8:30pm Applied Ministry<br>Classes   | 7                      | 8<br>7pm Metaphysical Church<br>Service & Intuitive Readings<br>Rev. Connie Walker    | ത  | 10  | 11<br>1pm-3pm Drum Circle   |
| 12<br>10:15-10:45 Healing<br>11am Church Service<br>Rev. Madge Peinkofer                         | 13<br>6:30-8:30pm Applied Ministry<br>Classes                                       | 14<br>7pm Reiki Circle | 15<br>7pm Metaphysical Church<br>Service & Intuitive Readings<br>Rev. Jay Smith       | 16   | 17  | 18<br>11:am-4pmish<br>Treasure Mapping workshop   |
| 19<br>10:15-10:45 Healing<br>11am Church Service<br>Rev. Connie Walker<br>12:30 Spiritual Sunday | 20<br>7pm Wellness with the Full<br>Moon<br>6:30-8:30pm Applied Ministry<br>Classes | 21                     | 22<br>7pm Metaphysical Church<br>Service & Intuitive Readings<br>Rev. Madge Peinkofer | 7-8:30pm Introduction to Eric Vormann's workshop | 24 7-9pm Eric Vormann Workshop "Using Our Energy to Heal" 6pm Salem Soul Sister New Moon Women's Circle | 25 10am-4pm Eric Vormann Workshop "Using Our Energy to Heal" 4-5pm Free public healing 10am-5pm GateKeeper Con- |
| 26<br>10:15-10:45 Healing<br>11am Church Service<br>Rev. Jay-Smith                               | 27<br>6:30-8:30pm Applied Ministry<br>Classes                                       | 28                     | 29<br>7pm Metaphysical Church<br>Service & Intuitive Readings<br>Q & A Service        | 90   | 31  |   |